



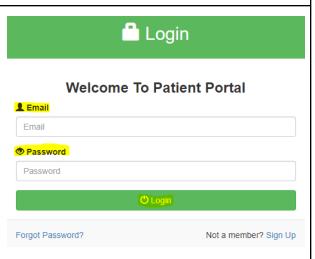
How to Login and Use our Patient Portal

Logging into the Portal

1. After your account has been approved, access our patient portal to login: https://tcpportal.mamemr.com/dist/#/login

NOTE* Our Patient Portal works best in Google Chrome web browser.

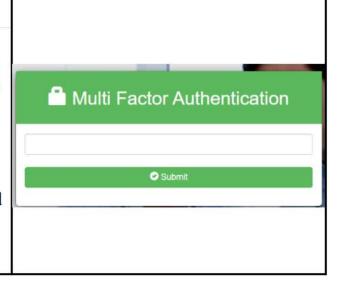
- a. Enter the email address you used when registering along with your password.
- b. Click the green "Login" button.



Multi Factor Authication

Each time you log into the portal, you will be prompted to enter a multi-factor authentication code. This code is sent to your registered email address.

If you don't find the code in your main inbox, please take a moment to check your spam folder, as it might be directed there.



Note:

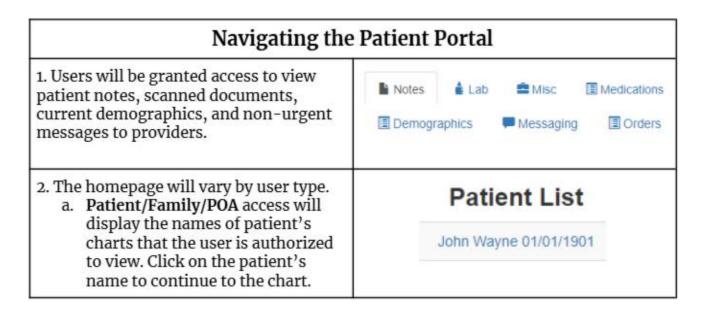
For optimal performance, we recommend accessing the TCP Portal using a desktop computer and the Google Chrome web browser.

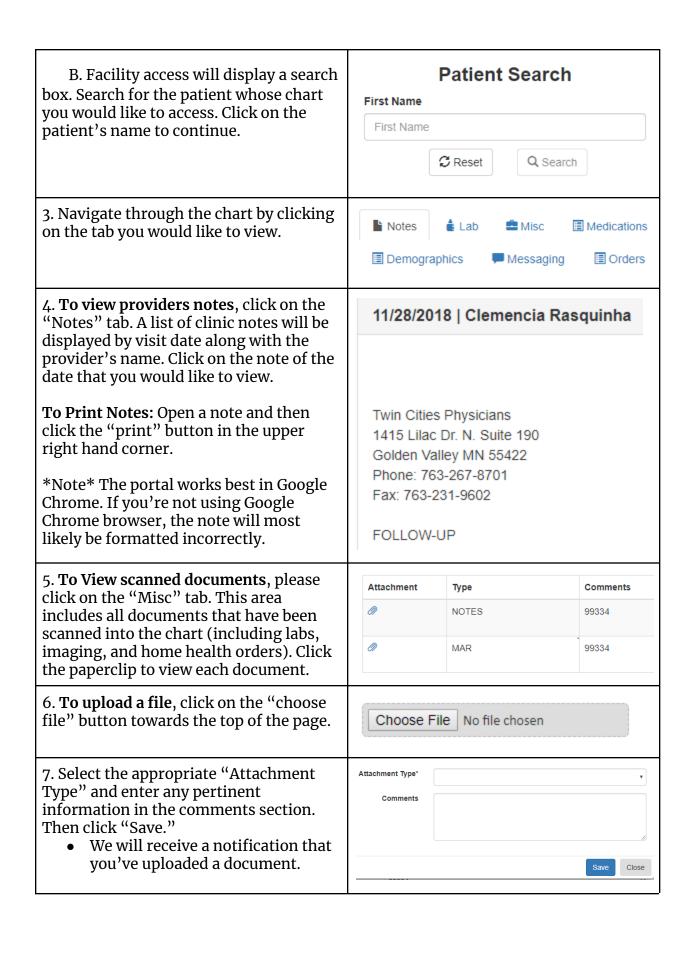
Forgot Password If you have forgotten your password, **Login** have not logged in for an extended period, or are experiencing difficulties accessing the portal, we recommend Welcome To Patient Portal resetting your password. Please select **E**mail the "Forgot Password?" link located in Email the bottom left corner of the login page. Password Password A link to reset password would be sent to your email. If you do not see the link in the main email inbox, please check the Forgot Password? Not a member? Sign Up spam inbox.

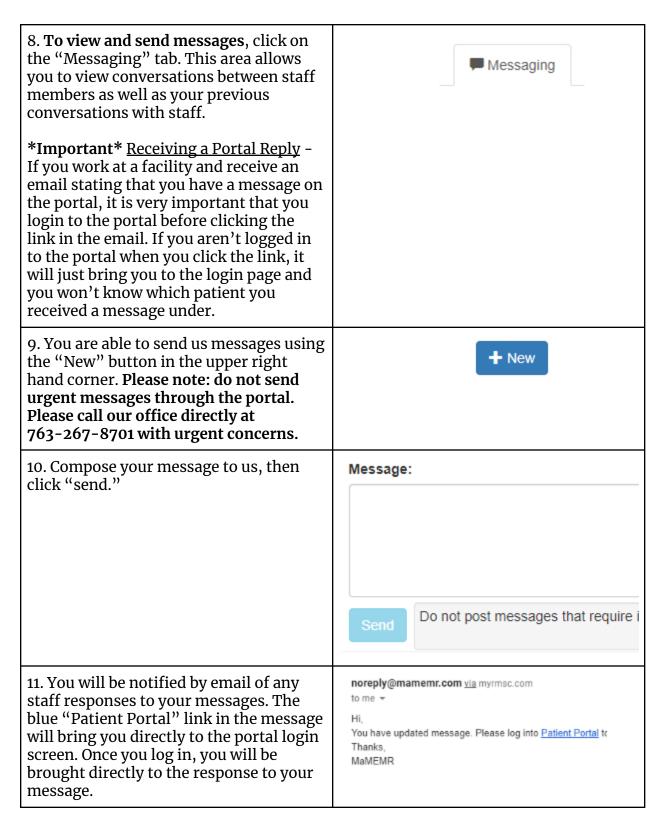
Too Many Attempts / Lock-Out:

If you find yourself locked out after multiple attempts, please wait 15-30 minutes before trying to log in to the portal again.

If you continue to experience issues, feel free to reach out for assistance at (763) 267-8701.







We hope that you find our portal to be both useful and easy to use. Please contact us at 763-267-8701 with any questions or concerns you may have.