



# Following Our Patients Every Step of the Way

At Twin Cities Physicians, we believe in the power of the provider-patient relationship. Recent studies show that individuals who have a trusting relationship with their primary care physician are less likely to deviate from prescribed wellness plans and more likely to stay healthier as they age. This powerful evidence, coupled with the way we've been caring for seniors for years, led us to establish our **Continuity of Care Philosophy**. The philosophy promotes strong initial relationships with our patients in whatever senior community setting they call home. **We follow them as their primary care provider every step of the way - from community to community.** From Independent Living to Long-Term Care Centers and every setting in between, we're committed to following our patients and nurturing the trusting relationships that we form with them inside their senior living communities.

## Independent Living



When seniors move into independent living communities, they are often seeking convenience. Twin Cities Physicians offers great options for quality primary care delivered in the comfort of independent living communities coupled with great educational programs specifically designed to empower seniors to live healthier, happier lives.

## Assisted Living



When seniors and their families determine that the time is right to transition into an assisted living community, Twin Cities Physicians is there to provide consistent care in the comfort of their patients' new home. Beyond providing quality primary care, we also offer educational events, support to community staff, and encouragement to families.

## Transitional Care



As seniors continue to age, health events may occur that could lead to hospitalization and eventual transfer to a transitional care environment as the right next step for housing is determined. Twin Cities Physicians understands the concerns that their patients have during this time and stay by their side to provide the support and encouragement they need.

## Memory Care



The aging process is often accompanied by dementia and Alzheimer's Disease. Twin Cities Physicians understands how to care for Geriatric patients handling these challenges. As our patients move to memory care settings, our providers follow them to offer that consistent, familiar relationship that memory care patients need and to offer ongoing support to their families.

## Long-Term Care



As seniors move to Skilled Nursing environments, quality, compassionate primary care cannot be overlooked. Twin Cities Physicians partners closely with on-site nursing staff to top-notch care. When our patients transition into these environments, we're ready to serve them while helping them age gracefully with comfort that comes from providers who care.