



# GREAT TO MEET YOU!

## Heather Arechigo, MSN, AGNP-C



**Heather Arechigo** is a Nurse Practitioner who specializes in Adult-Gerontology. Prior to becoming a Nurse Practitioner, Heather worked in an Intensive Care Unit specializing in adult critical care & neurologic crisis. She holds a Master's of Science degree in Nursing from Kaplan University where she graduated with honors & is still a member

of the S.A.L.U.T.E honor society that recognizes academic excellence and leadership qualities. She also holds a Bachelor's degree in Nursing from the College of Saint Catherine in St. Paul, MN. Heather was a student teacher of anatomy and physiology during her undergraduate nursing program. In addition to her professional career, Heather is a Combat Veteran having served in Operation Iraqi Freedom as a member of the US Army from 2001-2009. When not at work, she spends time with her husband and two beautiful daughters. Heather values family time, learning to speak Spanish as a family and active hobbies like snowboarding & running.

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